
Breakfast

Served until 12

Chia Seed & Blueberry Pudding (vg, gf) **6**

Avocado on Toast (v) **8**

Porridge **6**

Choose from...

Peanut Butter and Banana (v)

Honey and Sunflower Seeds (v)

Berry Compote (v)

Above with Almond Milk (vg) **7**

**Baked Egg, Spicy Tomato
& Spinach** (v, gf) **6**

Yoghurt & Granola (v) **6**

With Compote or Fresh Berries **7.50**

Manx Kipper with Herb Butter (gf) **8.50**

Full English **12.50**

Buttermilk Pancakes (v) **7**

Choose from...

Bacon and Maple Syrup

or Caramelised Banana and Chocolate Sauce

Rarebit Monsieur **7.50**

With a Fried Egg **9**

Bacon or Sausage Sandwich **5.50**

With a Fried Egg **7**

Hot Smoked Salmon & Scrambled Egg (gf) **8**

Boiled Egg & Soldiers (v) **5.50**

Big Breakfast Bap **9.50**

Brioche Bun, Sausage, Bacon,

Field Mushroom, Fried Egg

Eggs Benedict / Florentine (v) / **Royale** **9**

Fresh Fruit Salad, Greek Yoghurt **6.50**

& Honey (v, gf)

Vegetarian Breakfast (v, gf) **12**

Monday - Friday

*Purchase a Tea or Coffee and Pastry
for* **4.95**

Gluten Free bread available, please ask your waiter..

Sides

All at **3.50**

Sausage

Grilled Mushrooms

Bacon

Hash Brown

Spinach

Baked Beans

Greek Yoghurt

Free Range Egg

Any Style

Avocado

Smoked Salmon

Toast & Jam

A discretionary 12.5% service charge will be added to you bill.

All prices are inclusive of VAT at the current standard rate.

Our staff have a full allergy breakdown of every dish.

Please ask if you require to see this.

**Drinks & Smoothies
this way** →

Smoothies

All at 5.50

Body Builder

Banana, Oats, Dates,
Blueberries, Almond Milk



Hawaiian Booster

Pineapple, Fresh Mint,
Strawberry, Agave



Berrynana

Yogurt, Blueberries,
Strawberries, Banana, Agave



Mixed Juices

All at 5.50

Green Go

Spinach, Pear, Apple,
Basil, Celery



Rocket Fuel

Basil, Apple, Carrot,
Ginger, Cucumber



Vegan Vampire

Beetroot, Orange,
Ginger, Lemon



Fountain of Youth

Orange, Pear, Apple,
Ginger



A pot of Loose Leaf Tea

All at 3

English Breakfast

Fresh Mint

Darjeeling

Earl Grey

Chamomile

Lemon & Ginger

Green

Rooibos

Tumeric & Ginger

Oat or Almond Milk

Available on Request

Coffee

Espresso	2.50	Cappuccino	3.20
Double	3	Muggaccino	3.50
Macchiato	3	Small Cafetiere	3
Flat White	3.20	Large Cafetiere	4.50
Latte	3.20	Tumeric Latte	4.50
Chai Latte	3.20		